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Philippians Chapter 4: Lesson 26

Before you begin each day:

- 1. Pray asking God to speak to you through His Resident Teacher.
- 2. Use your Bible only unless otherwise noted.
- 3. Write your answers & verses you've used.
- 4. "Challenge" questions if you have time and desire.
- 5. "Personal" questions are to share if you wish.

First Day: The word "joy" occurs six times in Philippians and the word "rejoice" eight times. Look through the color print of Philippians and list three things the Philippians are told to do with joy, and what four causes are the Philippians given to rejoice or be joyful?

- 1. Causes of rejoicing.
- 2. Things to do with joy.
- 3. The time to rejoice

Second Day: Read John 16: 17-28 and John 17:13 and define the true source of joy.

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Third Day: Read 4:4-7.

1. List Paul's directives in these verses, there are 4 or 5.

2. Our version says, "let your gentleness be known to all men." The Greek Word used here is tricky to translate: other versions have other words like "what is fitting" and "reasonableness". Define gentleness or your alternative word.

3. Why would Paul want us to be known this way?

4. What is the reason for behaving this way? (Time clock!)

Fourth Day: Be anxious for nothing.

1. Why are we anxious?

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- 2. What is the solution for anxiety?
- 3. What is the promise?

Challenge: Have you ever experienced the peace that Paul describes? Do you have any verses that show that Paul experienced this peace personally? Provide the texts that support your answer.