

Before you begin each day:

1. Pray asking God to speak to you through His Resident Teacher.
2. Use your Bible only unless otherwise noted.
3. Write your answers & verses you've used.
4. "Challenge" questions if you have time and desire.
5. "Personal" questions are to share if you wish.

Day One: Read Philippians 4: 8-10. The way we use our minds can have a powerful effect on the way we live our lives. List the thought topics that Paul gives us. Can you give positive examples and the negative options that are all around us?

Day Two: Go back though verses 4-9 and list some of the things that the Philippians (and we Christians today) should do and should not do that will give them the peace of God.

Day Three: What peace do Christians enjoy that unbelievers do not? How does this compare with Matthew 10:34? John 14:25-27?



