Prayer – R. C. Sproul

Q&A – Week 2 - Adoration

Opening devotions: Rev. 4/prayer

Questions/thoughts?

- 1. What, if anything, struck you about the "30 days of prayer"?
 - For our "big issues"
 - For our enemies
- 2. What does the acrostic A.C.T.S. stand for?
 - Do we praise God enough in our prayers?
 - How did R.C. tell us we can improve the adoration of our prayers?
- 3. What is my posture in prayer?
 - What should be my posture in prayer?
 - Does my posture betray a casual approach to God?
- 4. What two themes became clear to the man reading through the entire Bible?
- 5. What was R.C.'s point in the Babe Ruth and lecture illustrations?

Thought to ponder

 R.C. stressed that each of our prayers should be "sustained by adoration." In other words we not only should **speak** words of praise and adoration in our prayers, but that since our entire prayer is spoken in God's very presence every aspect of the prayer should be spoken in the context of adoration.

When we approach God in our worship, what is our spiritual posture? No matter what part of the service we are involved in, it should be "sustained by adoration." Does this also apply to our daily lives? It should!

Closing prayer